

Week One

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
Breakfast	Brunch	Eggs of Choice Bagels/Toast Hot & Cold Cereal Fresh Fruit, & Yogurt Choice of B-fast Patties Vegan/Gluten-Free If needed	Scones Smoothies Bagels/Toast Hot & Cold Cereal Fresh Fruit, & Yogurt Choice of B-fast Patties Vegan/Gluten-Free If needed	Breakfast Burritos Bagels/Toast Hot & cold Cereal Fresh Fruit, Yogurt Choice of B-fast Patties Vegan/Gluten-Free If needed	Muffins Scrambled Eggs Bagels/Toast Hot & Cold Cereal Fresh Fruit & Yogurt Choice of B-fast Patties Vegan/Gluten-Free If needed	Pancakes Bagels/Toast Hot & Cold Cereal, Fresh Fruit, & Yogurt Choice of B-fast Patties Vegan/Gluten-Free If needed	Cinnamon Rolls Bagels/Toast Hot & Cold Cereal Fresh Fruit, & Yogurt Choice of B-fast Patties Vegan/Gluten-Free If needed
Lunch	4:30 Supper	Quesadillas, Tacos, or Tamales Beans & Rice Salad Bar Vegan/Gluten-Free If needed	Baked Ziti or Pasta w/Brochette French Bread Two Veggies Salad Bar Vegan/Gluten-Free If needed	Baked Potato Bar Beans Veggie Trimmings Vegan/Gluten-Free If needed	Spaghetti & Meatballs Marinara Sauce 2 Veggies French Bread Salad Bar	Stir Fried Veggies or Curry Spring Rolls/ Fried Rice Stir Fried Fried Tofu/or Sweet & Sour Chicken Salad Bar	Decided By Chef On Duty
Dinner		Philly Cheese Steaks or BB-Q Chik-n or Buffalo Style Sandwiches Onion Rings or Chips	Home-style Meal All Veggies Changes Every month	BB-Q Pulled "Pork" Sandwiches Napa Cabbage Coleslaw Trimmings Side Salad Dessert	Croissant Sandwiches Bfast Patties Egg Salad Chik-n Salad Trimmings Fruit Bar Chips	Tortellini Primavera 2 Veggies Garlic Bread Sticks Dessert	Chicken Burgers w/Trimmings Curley Fries Salad

Week Two

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
Breakfast	Brunch	Biscuits & Gravy Bagels/Toast Hot & Cold Cereal Fresh Fruit, & Yogurt	Fried Eggs Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, & Yogurt	French Toast Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, & Yogurt	Scrambled Eggs Tofu Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, & Yogurt	Pancakes Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, & Yogurt	Boiled Eggs Sweet Breads Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, & Yogurt
		Choice of B-fast Patties Vegan/Gluten-Free If needed	Choice of B-fast Patties Vegan/Gluten-Free If needed	Choice of B-fast Patties Vegan/Gluten-Free If needed	Choice of B-fast Patties Vegan/Gluten-Free If needed	Choice of B-fast Patties Vegan/Gluten-Free If needed	Choice of B-fast Patties Vegan/Gluten-Free If needed
Lunch	4:30 Supper	Tomato Pesto Angle Hair Pasta Gnocchi Or Fettuccine Alfredo 2 Veggies Bread Dessert Salad Bar	Indian Curry Masala Lentils Bombay Pot 1 Side Veggie Salad Bar Nan Bread Dessert	Pizza & Salad Bar Dessert Vegan/Gluten-Free If needed	Pita Bread, Falafels Hummus Tabaoli Trimmings Dessert Vegan/Gluten-Free If needed	Fried Chik-n Pot-Smash Gravy 2 Veggies Dinner Rolls Dessert Vegan/Gluten-Free If needed	Decided By Chef On Duty
Dinner		Super Nachos "Beef" Trimmings Fresh Fruit Cold Cereal	Grilled Cheese Tomato Soup 2 Soup Raw Salad Fruit Bar Cold Cereal Vegan/Gluten-Free If needed	Breakfast For Dinner Different Every Month Vegan/Gluten-Free If needed	Grillers Or House Made Burgers Trimmings Fries Whole Fruit Vegan/Gluten-Free If needed	Raviolis Red/White Sauce Two Veggies French Bread Salad Bar Dessert Vegan/Gluten-Free If needed	Hot Dogs Baked Beans Or Chili Potato Salad Chips Fruit Bar Salad Bar Cold Cereal

Week Three

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
Breakfast	Brunch	Scrambled Eggs/Tofu Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, Choice of B-fast Patties Vegan/Gluten-Free If needed	Waffles Hash Browns Bagels/Toast Hot & Cold Cereal Fresh Fruit, Choice of B-fast Patties Vegan/Gluten-Free If needed	Fried Eggs Potatoes Tofu Bagels/Toast Hot & Cold Cereal Fresh Fruit, Choice of B-fast Patties Vegan/Gluten-Free If needed	French Toast Sticks Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, Choice of B-fast Patties Vegan/Gluten-Free If needed	Scrambled Eggs/Tofu Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, Choice of B-fast Patties Vegan/Gluten-Free If needed	Boiled Eggs Tofu Sweet Breads Bagels/Toast Hot & Cold Cereal Fresh Fruit, Choice of B-fast Patties Vegan/Gluten-Free If needed
Lunch	4:30 Supper	Mac & Cheese 2 Veggies Kale/Salad Mix Focaccia Salad Bar Dessert	Burrito Bar w/ trimmings Beans & Rice Chips & Salsa Salad Bar Dessert	Thai Curry Pad Thai Side Veggies Spring Rolls Dipping Sauce Salad Bar Dessert	Eggplant or Chik-n Parm Side Pasta 2Veggies Dessert Salad Bar Bread	Linguine With Lemon Capers 2 Veggies Bread of Choice Dessert Salad Bar	Decided By Chef On Duty
Dinner		Biscuits/ Puff Pastry Gravy Two Veggies Salad Bar Dessert Leftover Pizza	Toasted Raviolis Baked Polenta 2 Veggies Salad Bar Grilled Ciabatta Bread Dessert	Indian Fry Bread Trimmings Or Gorditas w/ Trimmings	Moroccan Chik-n Couscous Lentil Soup Side Veggie Salad Bar Dessert	Sub Sandwiches Of Choice Fries or Chips Salad Bar Fruit Bar Soup	Grillers Trimmings Fries Fruit Bar Cold Cereal

Week Four

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sabbath
Breakfast	Brunch	Croissant Sandwiches Bfast Patties Fried Eggs Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, Vegan/Gluten-Free If needed	Scrambled Eggs Tofu/Potatoes Muffins Bagels/Toast Hot & Cold Cereal Fresh Fruit, Choice of B-fast Patties Vegan/Gluten-Free If needed	Pancakes Of Choice Trimmings Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, Choice of B-fast Patties Vegan/Gluten-Free If needed	Fried Eggs Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, Choice of B-fast Patties Vegan/Gluten-Free If needed	French Toast Berry Compote Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, Choice of B-fast Patties Vegan/Gluten-Free If needed	Boiled Eggs Tofu Sweet Breads Potatoes Bagels/Toast Hot & Cold Cereal Fresh Fruit, Choice of B-fast Patties Vegan/Gluten-Free If needed
Lunch	4:30 Supper	Chik-n Nuggets Mashed Pot 2 Veggies Gravy Tarter Sauce Biscuits Or Meatloaf	Taco's Soft/Hard Burger Trimmings Dessert Salad Bar Vegan/Gluten-Free If needed	BB-Q Chik-n Wild Rice 2 Veggies Texas Toast Dessert Salad Bar Or Herb Infused Lemon Or ?	Pizza & Salad Bar Dessert Vegan/Gluten-Free If needed	Asian Haystack Trimmings 3 Sauces Spring Rolls Dessert Salad Bar	Decided By Chef On Duty
Dinner		Flat Bread Wraps Veggies Or Mexi Style Wraps, Rice, Or Soup Extras	Calzone Marinara Dipping Sauce Salad Bar Dessert	Fajitas Chik-n/Beef Grilled Veggies Trimmings Salad Bar Dessert	Chili Cheese Fries Trimmings Salad Bar Whole Fruit Cold Cereal	Breakfast For Dinner Different Every Month	Sub Sandwich of Choice Fries Grilled Veggies Salad Bar Dessert